



Family Meals

One sure way to please a crowd and ease the burden of meal preparation is to have the Market prepare your meals for you.

Our Family Meal Menu is extensive, and offers something for everyone, including full breakfast, sandwich platters, beach picnic packs or multi-course dinners. We can prepare your meals for pick-up or delivery.

Lasagna & Pastas

served with garlic bread

Spaghetti & Meatballs

House-made meat balls in a slow simmered tomato sauce.

Half Pan - \$40.00 Full Pan - \$65.00

Vegetable Primavera

Zucchini, squash, red onion, bell peppers, asparagus and mushrooms in a garlic white wine herb sauce on whole wheat penne.

Half Pan - \$35.00 Full Pan - \$60.00

Grilled Chicken Alfredo

House made garlic Alfredo sauce with grilled chicken on spaghetti.

Half Pan - \$45.00 Full Pan - \$70.00

Beef Lasagna

Homemade tomato sauce, fresh ricotta, herbs & mozzarella.

Half Pan - \$40.00 Full Pan - \$65.00

Vegetarian Lasagna

Homemade tomato sauce, zucchini, squash, bell peppers, mushrooms, fresh ricotta, herbs & mozzarella

Half Pan - \$35.00 Full Pan - \$60.00

Lobster Mac 'n Cheese

This crunchy, crispy, lusciously cheesy, and it's loaded with delightful plump chunks of sweet lobster in our delicious Ginger Béchamel sauce.

Half Pan - \$75.00 Full Pan - \$150.00

Shrimp Scampi

Whole shrimp with tomatoes, sautéed with our signature garlic sauce.

Half Pan - \$50.00 Full Pan - \$80.00

Beef Stroganoff

Strips of chuck roast simmered with onions and mushrooms, then flavored with our special sour cream sauce.

Half Pan - \$45.00 Full Pan - \$70.00

All family meals require a minimum of 24 hours notice. If you would like something sooner than that, call us anyway. We may have something for you. In addition, the Market has a selection of frozen Family Meals.

All prices are subject to change without notice.

Order on-line or give us a call.

www.MaritimeMarketBHI.com

910-457-7450, ext. 2



Family Meals

Customer Favorites

Meat Loaf & Mashed Potatoes

Enjoy our version of this quintessential comfort food served with mashed potatoes and gravy. Our meatloaf is accented with chopped onion, celery, and carrot with a sweet-and-sour glaze.

Half Pan - \$55.00 Full Pan - \$100.00

Lowcountry Shrimp & Grits

Greg's secret recipe...you'll wish you ordered more!

Half Pan - \$65.00 Whole Pan - \$100.00

Whole Roasted Fish

Enjoy your roasted fish with fresh herbs and our special sauce. Market Price

Eastern NC Barbecue

Slow roasted pulled pork shoulder with our tangy NC vinegar-based sauce.

Half Pan (5 lb.) - \$55.00 Full Pan (10 lb.) - \$100.00

Babyback Ribs

Scrumptious, sweet 7 tangy, finger-licking good!

Half Pan - \$65.00 Full Pan - \$110.00

Barbecue or Roasted Chicken

Moist to perfection!

Half Pan - \$55.00 Full Pan - \$100.00

Mixed Barbecue Plate

Can't decide on which barbecue sounds best? Enjoy a combination of all 3...Ribs, Pork & Chicken

Half Pan - \$75.00 Full Pan - \$125.00

Chicken Pot Pie

Try our classic recipe complete with chicken, mixed vegetables, our rich homemade white sauce and a flaky pie crust.

Feeds 3 - 4 \$25.00 each

Roasted Whole Beef Tenderloins

Herb rubbed and roasted to medium-rare, served with Horseradish cream sauce. Please let us know whether you prefer it sliced or whole.

\$200 - Certified USDA Angus

Buttermilk Fried Chicken & Biscuit

Minimum order - 24 pieces (3 chickens)

24 piece Fried Chicken Box with 12 biscuits - \$55.00

Each additional chicken (8 pc.) + 4 biscuits - \$15.00

Traditional Sides (priced by half pan/ full pan)

Lemon-horseradish Potato Salad - \$30.00/\$55.00

Cole Slaw - \$25.00/\$40.00

Pasta Salad - \$30.00/\$55.00

Baked-from-Scratch Mac 'n Cheese - \$35.00/\$65.00

Mashed Potatoes - \$30.00/\$55.00

Stoned Ground Grits - \$25.00/\$40.00

Baked Beans - \$30.00/\$55.00

Wild Rice - \$30.00/\$55.00

French Green Beans - \$30.00/\$55.00

Mixed Grilled Vegetables - \$40.00/\$70.00

Grilled Asparagus - \$35.00/\$65.00

Garden Salad & Assorted Dressings - \$25.00/\$40.00

Caesar Salad - \$25.00/\$40.00

All family meals require a minimum of 24 hours notice. If you would like something sooner than that, call us anyway. We may have something for you. In addition, the Market has a selection of frozen Family Meals.

*All prices are subject to change without notice.
Order on-line or give us a call.*

www.MaritimeMarketBHI.com

910-457-7450, ext. 2